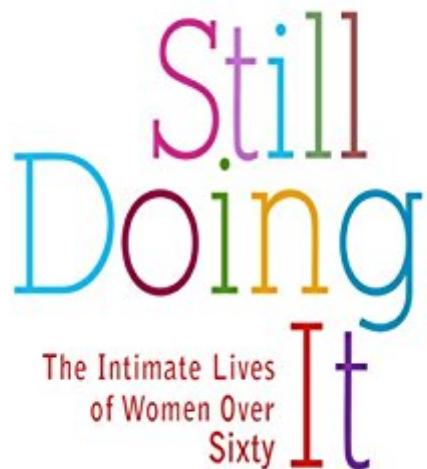


The book was found

Still Doing It: The Intimate Lives Of Women Over Sixty

"An informed, honest, joyous book. Younger women may well envy us."
—Suzanne Braun Levine, author of
Investing the Rest of Our Lives: Women in Second Adulthood



Synopsis

When Deirdre Fishel and Diana Holtzberg began work on their documentary *Still Doing It*, they knew they were catching a wave. The women of the baby-boom generation who had been so outspoken about sexuality and freedom were about to turn sixty, yet no one was talking about the revolution in aging. Nor was anyone letting on about the big dark secret that women born before the boomers, even way before, were a hell of a lot more vital than the images we were getting, and many were still having sex-and loving it! In *Still Doing It*, Fishel, Holtzberg, and the incredible women in their documentary broke the silence. Now they are back, with a stimulating and eye-opening book that offers a deeper look at women who break every stereotype we have about sex and intimacy. These women are dynamic, confident, opinionated, and wise. They're also having the kind of intense sexual experiences and fantasies we never associate with grandmothers. You'll meet Betty, who met her live-in boyfriend in an online chat room when she was sixty-nine and he was twenty-two; Joani, age seventy, who shares her boyfriend with another woman; and Frances, who encountered the intellectual and sexual love of her life at eighty. Today's women are living longer, healthier lives, and their appetite for sex and adventure isn't fading. Aware of their mortality, they understand just how precious life really is, and are willing to take risks to go after what they want. Challenging stereotypes about older women, *Still Doing It* lets everyone know that sex and adventure do not need to end when you hit sixty (or seventy...or ninety!). In fact, the good stuff is often just beginning.

Book Information

Audible Audio Edition

Listening Length: 5 hours and 35 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Audible Studios

Audible.com Release Date: June 21, 2013

Whispersync for Voice: Ready

Language: English

ASIN: B00DJ2Y3X6

Best Sellers Rank: #150 in Books > Audible Audiobooks > Health, Mind & Body > Sexuality
#2403 in Books > Audible Audiobooks > Health, Mind & Body > Family & Relationships #2426
in Books > Health, Fitness & Dieting > Sexual Health > General

Customer Reviews

Perhaps I was expecting more of Lonnie Barbach in what these authors would provide. While they gave a broad brush stroke to the topic of "mature" liberated femininity, they could have helped a bit more with details...such as how the subjects dealt with some of the physical problems with aging and sex...bladder, bowel, vaginal changes that necessitate adaptive behaviors, appliances, drugs etc. And more contrast between their mature sexual response as compared to their younger selves would have been interesting too. That being said, it was an enjoyable and educational read.

One of the reasons this is the first review is that people who read this book find themselves ready to go out and live it...warm, wise, enlivening and wonderful stories about women who live fully and sensually alive well beyond the time when society thinks they've either lost it or should! A book to be read and re-read by women and those who care about them.

Humorous book and a great read for women wanting to get back into the groove, after an absence of sexual activity, for whatever reason.

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